

# Therapeutic Massage Technical Standards

## Criterion: Cognitive

### Standard:

- A) Ability to measure, calculate, reason, analyze, integrate and synthesize information.
  - 1) Example: Apply information, evaluate the meaning of data and engage in critical thinking in the classroom and clinical setting.
  - 2) Example: Apply broad class concepts to unique client situations.
  - 3) Example: Concentrate to correctly perform therapeutic massage procedures within their scope of practice and document appropriately.
  - 4) Example: Make correct judgments on seeking consultation or supervision in a timely manner.
  - 5) Example: Respond appropriately to constructive feedback.

## Criterion: Communication

### Standard:

- A) Appropriate interpersonal interaction with other students, faculty, staff, patients, family and other professionals.
  - 1) Example: Establish and maintain a professional relationship with clients and colleagues.
  - 2) Example: Demonstrate appropriate impulse control and professional level of maturity.
- B) Effective communication with others, both verbally and in writing.
  - 1) Example: Effective communication with others, both verbally and in writing. Students must demonstrate proficiency in English (per Section .500 – Standards of Professional Conduct of the Practice Act and Rules of the Board of Massage and Bodywork Therapy).
  - 2) Example: Explain procedures and treatments, document actions, record client responses to treatment in a professional manner.
  - 3) Example: Convey information in a clear, professional and timely manner.
  - 4) Example: Listen and respond to others in an accepting and respectful manner.

## Criterion: Motor Skills

### Standard:

- A) Sufficient motor function to execute movements required to provide general care and treatment to patients in all health care settings.
  - 1) Example: Participate, within reasonable limits, to safely assist a patient in moving; for example, assisting patients with crutches, walker, or a cane or transferring patients from an exam table to a wheelchair.
  - 2) Example: Manipulate equipment to perform treatments.
- B) Sufficient physical endurance to participate fully in the clinical and academic settings at an appropriate level.
  - 1) Example: Participate completely in classroom activities.
  - 2) Example: Participate fully in required activities in clinical setting including extended periods standing, lifting equipment and performing techniques that are reflective of the general practice of massage therapy.

## Criterion: Professional Conduct

### Standard:

- A) Function effectively and adapt to circumstances including highly stressful or rapidly changing situations.
  - 1) Example: Examine and change his or her behavior when it interferes with professional relationships or the academic or health care environments.

- 2) Example: Maintain mature, sensitive and effective relationships with clients, colleagues, faculty, staff and other professionals.
  - 3) Example: Demonstrate emotional stability to participate fully in the clinical and academic setting at an appropriate level.
- B) Incorporate professional standards of practice into all activities.
- 1) Example: Engage in client care and be able to deliver care to all client populations including but not limited to children, adolescents, adults, developmentally disabled persons, medically compromised patients and vulnerable adults.
  - 2) Example: Work effectively with a team in an academic or professional setting.
  - 3) Example: Use correct and appropriate grammar in written and oral communication, always being culturally sensitive and professional.
  - 4) Example: Refrain from using profane or inappropriate communications.
- C) Demonstrate integrity and accountability in clinical and academic settings.
- 1) Example: Complete all assignments in a timely manner while adhering to the DDCC code of ethics.
  - 2) Example: Respond appropriately to constructive feedback.
  - 3) Example: Take all tests and final examinations as scheduled.
- D) Present self in a professional manner in clinical and academic settings.
- 1) Example: Attend clinical following uniform policy, including appropriate hygiene with no detectable scents or odors.
  - 2) Example: Wear appropriate clothing that is not distracting or offensive when in the learning environment.
- E) Utilize computers correctly, effectively and professionally to acquire information and to communicate with others.
- 1) Example: Use online learning management system to collect course information.
  - 2) Example: Utilize the internet to collect current information from appropriate sources to provide appropriate client care.
  - 3) Example: Communicate via e-mail in a professional and ethical manner.

**Criterion: Sensory**

**Standard:**

- A) Hearing sufficient to assess health needs.
- 1) Example: Be able to efficiently complete a client interview.
  - 2) Example: Be able to communicate with client during treatment process.
- B) Vision sufficient for assessment necessary to deliver therapeutic massage care.
1. Example: Observe a patient accurately, at a distance and close at hand.
  2. Example: Accurately interpret non-verbal communications.
  3. Example: See a change in skin color.
- C) Sense of touch sufficient to perform therapeutic massage treatment and to detect movement.
1. Example: Pulse detection for client safety. Palpate muscles.

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